



THE GRAPEVINE – JUNE 2026 – Issue 3



PRESIDENT'S REPORT

What a fantastic evening we all enjoyed at the Autumn Meet and Greet. It was wonderful to see everyone mingling, laughing, and clearly making the most of the occasion.

As I moved around the room chatting with members, I was delighted to hear so many positive comments about this newsletter. One member even remarked, "Why is it only quarterly? We can't wait three months to find out what's happening in our Probus community!"

I am delighted to acknowledge two of our esteemed members, **Nancy Sherry OAM** and **David Flint JP**, who have both been honoured for their outstanding service to the community. Their dedication, leadership and generosity reflect the very best of our Probus spirit, and we are proud to celebrate their achievements. Read further in this edition.

I extend my sincere thanks to **Neale Hozack** for his valuable contribution to this edition (and future editions) of *The Grapevine*. His story on **India** is nothing short of remarkable — not only for its rich detail and insight, but for the extraordinary effort involved in refining it from **29 pages down to just 3**. That kind of dedication deserves special recognition, and we are fortunate to have his talent and commitment in our Club.

So, here it is - I hope each edition keeps you informed, entertained, and connected with all that's happening within our wonderful Probus family.

ENJOY the read!

Pam Floyd
President

PRESIDENT
Pam Floyd

**IMMEDIATE PAST
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**GUEST SPEAKER CO-
ORDINATOR**
Jehangir Sidhwa

**INTEREST GROUP
FACILITATOR**
Anne Symons

TRAVEL CO-ORDINATOR
Vacant position

MEET AND GREET

Breakfast Point Country Club - 13 May 2026

We met, we mingled, we greeted and we thoroughly embraced our Autumn Meet and Greet on Wednesday 13 May.

We wined, we dined—the food was fabulous, and the conversation flowed. We laughed, we shared stories and we enjoyed every minute of it.



Sincere thanks to Bill for his valued involvement, and to Helen for so capably taking the initiative and carrying it forward.



The room was alive with enthusiasm.



Karin - winner of the lucky door prize



PROBUS OUTINGS AND REVIEWS

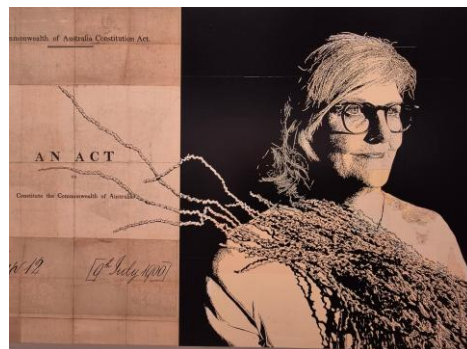
Archibald, Wynne and Sulman Prize Exhibition - Australian Art Gallery NSW - Wednesday 3 June 2026

Seventeen members attended the outstanding Archibald, Wynne and Sulman Prize Exhibition, where our guide brought the artworks to life with engaging explanations about the artists, their techniques and the stories woven into each piece.

An early lunch was then enjoyed at the Gallery, rounding out a thoroughly enriching outing.



Winner - Archibald Prize 2026



Once Upon a Time in Yarralumla
Her Excellency the Honourable,
Sam Mostyn AC, twenty eighth
Governor-General of Australia

Please let the Outings Facilitator, Sharon Peterson know if you are keen to organise an outing.

JUNE GUEST SPEAKER

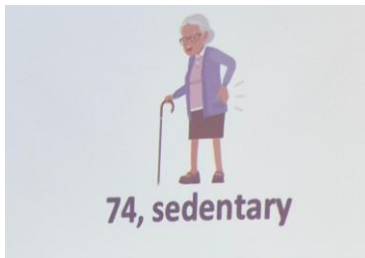
David Hutchinson - Lifelong Mobility

David is a published longevity scientist and formerly lead exercise physiologist at the RPA Hospital Health Ageing Clinic. He now serves our neighbourhood as Principal Exercise Physiologist at Peak Fitness Health Hub in Concord.

David demonstrated a practical, evidence based 3 – step approach for health mobility, including exercise for balance and fall prevention, building better posture and how to build strength safely.

Lifelong mobility aims to help us feel good as possible for as long as possible.

Our members, never ones to disobey instructions, dutifully sprang to their feet and took part in a few simple exercises—some with more enthusiasm than flexibility!



Warning: Image may contain an unrealistic depiction of of a 74 year old



PROUD ACCOLADE

Nancy Sherry OAM – Medal of The Order of Australia

Nancy Sherry was awarded the Order of Australia Medal on Tuesday 12 May 2026 at Government House Sydney by the Honourable Margaret Beazley AC KC, Governor of NSW.

Nancy received the award for her outstanding work for Cancer Council NSW.

In 1988 Nancy joined Catherine Giunta to host a lunch for approximately 80 ladies for Australia's Biggest Morning Tea. They raised over \$2000.

Over the past four years their function has been the highest private fundraiser in Australia.



This May, the fundraiser saw 300 ladies come together. Nancy's efforts helped raise over \$63,600 bringing the total amount raised over the years to over \$700,000.

Nancy, together with her husband Ray, was also involved in Rotary and was behind the Pride of Workmanship award for over 30 years.



CONGRATULATION AND JUBILATIONS....

David Flint – Celebrating 50 Years as a Justice of the Peace

David was presented his certificate along with 120 others, at Parliament house on the 7th May 2026, celebrating 50 years as a NSW Justice of The Peace.



“I became a Justice of the Peace in 1975 at the request of my employer, and used the role mainly for commercial purposes up until I retired.

I have since placed my contact on the Justice of the Peace website allowing people to contact me for their various requests that require verification and the like.”



David is available to assist with JP duties for our community. Contact him direct (refer to the membership directory for his details).

TRAVEL REVIEWS

Neale Hozack writes about India

There are many stories to be told about our trip to India, such as India itself, the places we stayed at, the food, culture and the 16 days with 16 BPC Probus members.

A detailed report is coming to the web page but for now here is a brief snapshot of what we experienced.

16 days - March 5th to 20th. 16 CBP Probus'ers pro-bussing India and at least 16 group photographs at 16 plus famous landmarks.

Perfect Travels and Tours is a long established family company. Kapil Chadha the GM, could not be more helpful running the company with absolute detail. Our guide Ritesh (Ritz) lived up to his 5* rating in every way.

A year before leaving, Rosalie gave us a plethora of tips and advice explaining money, power plugs and chargers, hand wipes, sanitisers, tissues, mosquito repellants, lollies, children's trinkets, clothing and religious restrictions. She provided tips on swimming, medicines, vaccinations, tipping, shopping and lastly recommended the most splendid accommodation.

India is a really hot dry place full of religions, superstitions, spices, dirt, smog and men doing sketchy repair jobs in long pants and pristine white shirts. You don't have to look far to see bright and shiny tacky bling, flowers, creative decoration, religious symbols as colourful as possible.



Neale Hozack writes about India...continued

You don't have to look far to see bright and shiny bling, flowers, creative artistic decoration, religious symbols as colourful as can be. Then there are brightly colourful buildings, cars, trucks, bikes and especially the women's clothing.

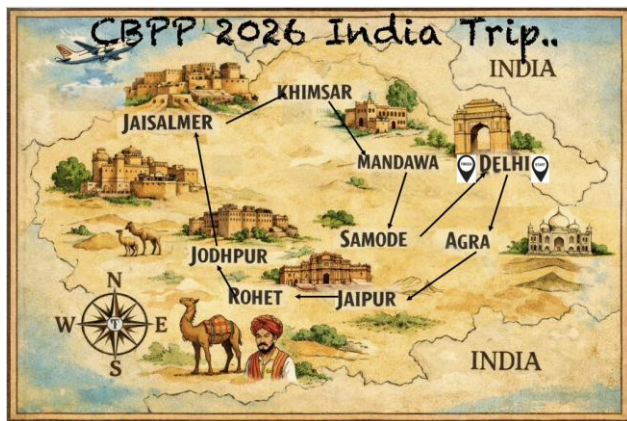
Housing can be anything from a dirt floor shanty with patched tarpaulin roof to estate style mansions with guards, servants and helpers for everything.

We saw poverty, like you can not imagine, and affluence like you can not believe is possible, and everything in between. Apart from once, I never heard words exchanged in anger, people seem to be content and happily go about their days.

Santusch the bus driver needs a special mention. If he merely looked like getting behind a driver's seat in Sydney they would arrest him on the spot. He did manage to drive on both sides of the road, squeeze in and out of tiny streets, go off road dirt bashing and avoiding every cow, dog, bull, sheep and goat on the way. He didn't stack it so we have to be grateful for that, even though no one wanted to sit in the front seats.

We saw so many temples (of all the different religious sects) forts, palaces, historic mansions, noble dwellings and The Taj Mahal. At the same time - we saw the real Indian dense city life, villages, shanties, high rise buildings, mud brick houses, roadside work camps, tribal camps and rural townships, all of which are absolutely unique to this part of the world.

So where did we go?



Delhi, Agra, Jaipur, Rohet, Jodhpur, Jaisalmer, Khimsar, Mandawa, Samode and finished back at Delhi.

Neale Hozack writes about India...continued

Everywhere we went had a unique story about opulence, poverty, wars, inspirational leaders, religious beliefs and their very own way of life, art, creativity and unbelievable sense of community. We mainly travelled by bus with a number of hair raising group Tuk Tuk rides, by Jeep for the safari and a mountain climb, walked a lot and had an afternoon camel riding adventure in the desert.

Apparently you only need a good horn, good brakes and good luck to drive in India. Oh, there is a rule, "don't hit anything".

Driving on either a major highway or backstreet guaranteed there will be at least one knucklehead driving on the wrong side of the road. We did see so many cows crossing any road without a care in the world. Trucks, cars, bikes, tractors and cows all seem happy enough moving together in whatever direction they feel like.

Must mention, apart from the Taj Mahal, we encountered very few tourists. This, I think made the whole trip truly unique.

We saw first class embroidery, wood and stone carvings, pottery, jewellery manufacturing, the finest linen and textiles. The historical, decorative architecture can only be described as beyond belief, especially as most were made by hand. Indian spices would need a whole book to briefly explain. Just a walk through an Indian Spice market is an unforgettable experience.



I would have no hesitation recommending Perfect Travels. We are so fortunate to have had the opportunity to travel with them and see truly amazing places.

Finally, if you get an opportunity to travel with a Probus group, just go.

A MEMBER MOMENT

As a part of our Newsletter Profiles say hi to Regula Scheidegger.

I found Regula an absolutely delightful lady to talk to, with her slight Swiss accent and *calming* tone of voice that made me think she should be narrating bedtime stories for children *on* Audiobooks.

Originally from Switzerland, Regula and her husband Peter, came to Australia with the intention to only stay a few years. 47 years later with three children and three grandchildren they are all still thriving in our community.



Regula has had a number of professions, such as School teacher, International Language Book Seller, Social Worker to the elderly, and most importantly a professional homemaker (stay at home mum).

Regula devotes some of her time now-a-days playing the violin (and according to the Cape Cabarita community, she is very good) and being a bush-care volunteer.

Next time you are walking in either Prince Edward Park or Cabarita Park you can thank Regula (and others) for their efforts making both beautiful.

Since 2017 Regula has been the President of the Swiss Community Care Society.
<https://swissccs.org.au>

Moving from Ryde to Cabarita and joining Probus Club of Cabarita and Breakfast Point (2014) Regula found an immediate social connection highlighted by the many outings, group involvement, joining the 2019 Japan trip, and of course turning up for every monthly meeting to hand out the name badges.

I thank you Regula for briefly sharing who you are.

By the way, stay tuned, we may get an invitation to an Amateur Chamber Society recital.

Neale Hozack

FUTURE MEETINGS

Friday 3 July 2026
Friday 7 August 2026
Friday 4 September 2026
Friday 2 October 2026
Friday 6 November 2026

There are no meetings scheduled for December and January.

- The annual Christmas dinner will be held in lieu of the December meeting.
- The annual barbecue will be held in lieu of the January meeting.

FOR YOUR DIARY

- **Tuesday 9 June 2026**
Photography Group – VIVID SYDNEY
- **Tuesday 16 June 2026**
Salon des Refuses – S H Ervin Gallery
- **Wednesday 24 June 2026**
Distillery tour and tasting of Red Mill Rum Rozelle
- **Wednesday 29 July 2026**
Devonshire Tea at CWA Tea Room Eastwood



COMMUNITY NEWS

If you hear that one of our members is unwell, recovering from an operation, or going through a difficult time, Helen O'Neill, our Member Support Officer, would like to know. A kind word or helping hand can make all the difference, and Helen will ensure they receive the support and care of our Probus community.



St Andrew's Cathedral hosts free concerts by bands of our Australian Navy, Army and NSW Police. [Click here for dates](#)

NEALE'S ANECDOTES

Whatever you do, don't count your chickens that cry over spilt milk at the drop of a hat or bark up the wrong apple or orange tree because at the end of the day, it ain't over till the fat lady kills two birds with one piece of cake and doesn't eat it.

I've decided to start telling jokes in sign language – that way I know for sure nobody's heard them before!



Have you or your group shared special moments? Like to be included in the next edition of this newsletter? Your feedback is always appreciated.

[Click here](#) and send news, photos, group outings etc.

All issues of the newsletters can be viewed on our website - [Newsletters Archive](#)