



## Monthly Members' Meeting

### A G E N D A

Canada Bay Club, 4 William St Five Dock.

Friday 2<sup>nd</sup> May 2025

The Club opens at 10am and the meeting starts at 10:30am

#### **1. President's Introductory Comments (Bill Bryson):**

Housekeeping:

Attendees:

Visitors:

Apologies:

#### **2. Confirmation of Minutes of Previous Meeting:**

Proposed by:

Seconded by:

#### **3. Correspondence:**

#### **4. Treasurer's Report (Allan Thompson):**

Monthly Financial Report

Proposed by:

Seconded by:

#### **5. Membership Report (Neil Price):**

## 6. Outings (Margaret Morrison):

## 7. Travel (Jane Elliot):

- Expression of interest for a trip to Lake Eyre in June or July 2025

## 8. Interest Groups:

- Art appreciation (Anne Symons)
- Harbour walks (Anne Symons)
- Walk together (Anne Symons)
- Travel chat (Connie Fraser)
- Photography (Colin Peterson)

## 9. General Business (Bill Bryson):

*Short break to allow the Guest Speaker to set up*

## 10. Introduction of Guest Speaker (Jehangir Sidhwa):



### **Master Aaron Khor**

Master Aaron Khor is a registered Doctor of Chinese medicine practising in Sydney. In addition, he has been practising the Martial Arts form of Tai Chi from a very young age. He received intensive training from Taoist Masters in the [Wu Dang Mountains](#), Tian Meng Mountains and [Bei Jing Bai Yun Guan Monastery of China in Advanced Tai Chi](#), Daoist Qi Gong, Sword, Buddha's Whisk, Ba Gua (Eight Trigram Martial Art), as well as meditations, detoxification and health diets. His skills include [Daoist Qi Gong](#), Five Animal Frolics, Praying Mantis, Long Fist and many more.

Master Aaron will address the topic of "Benefits of Tai Chi & Chinese Medicine".

# Probus Club of Cabarita and Breakfast Point Inc

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**11. Closing Comments (Bill Bryson):**

**12. Next meeting:**

Friday 6<sup>th</sup> June 2025